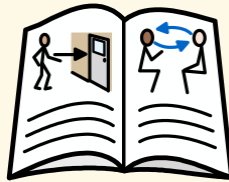


Going to the Toilet at Home



A Story to Help



Going to the Toilet at Home

Symbol Supported Story to Help

NB - Choose the most appropriate option for your child from pages 8 - 10.

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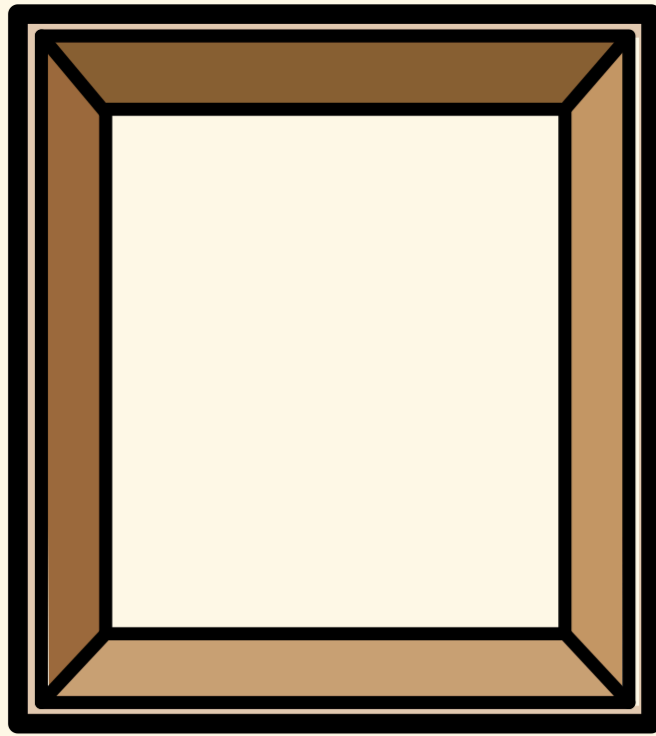
Story written and created in collaboration with Lynn McCann, Autism Specialist at Reachout ASC and author of 'Stories that Explain' published by LDA.

Web: <https://reachoutasc.com/>

Facebook: <https://www.facebook.com/ReachoutASC>

This resource was made primarily with a single skin-tone as it is intended to be used with a specific person. To personalise the story, you can customise skin-tones, change symbol colours and add your own photos. For more information on how to do this, access our free training webinars at <https://www.widgeit.com/training/index.htm>

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My name is

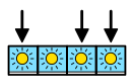


I live



at home

with



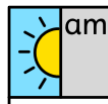
I usually



eat



my breakfast



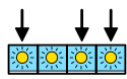
in the morning



and have a drink.



My family



usually



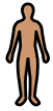
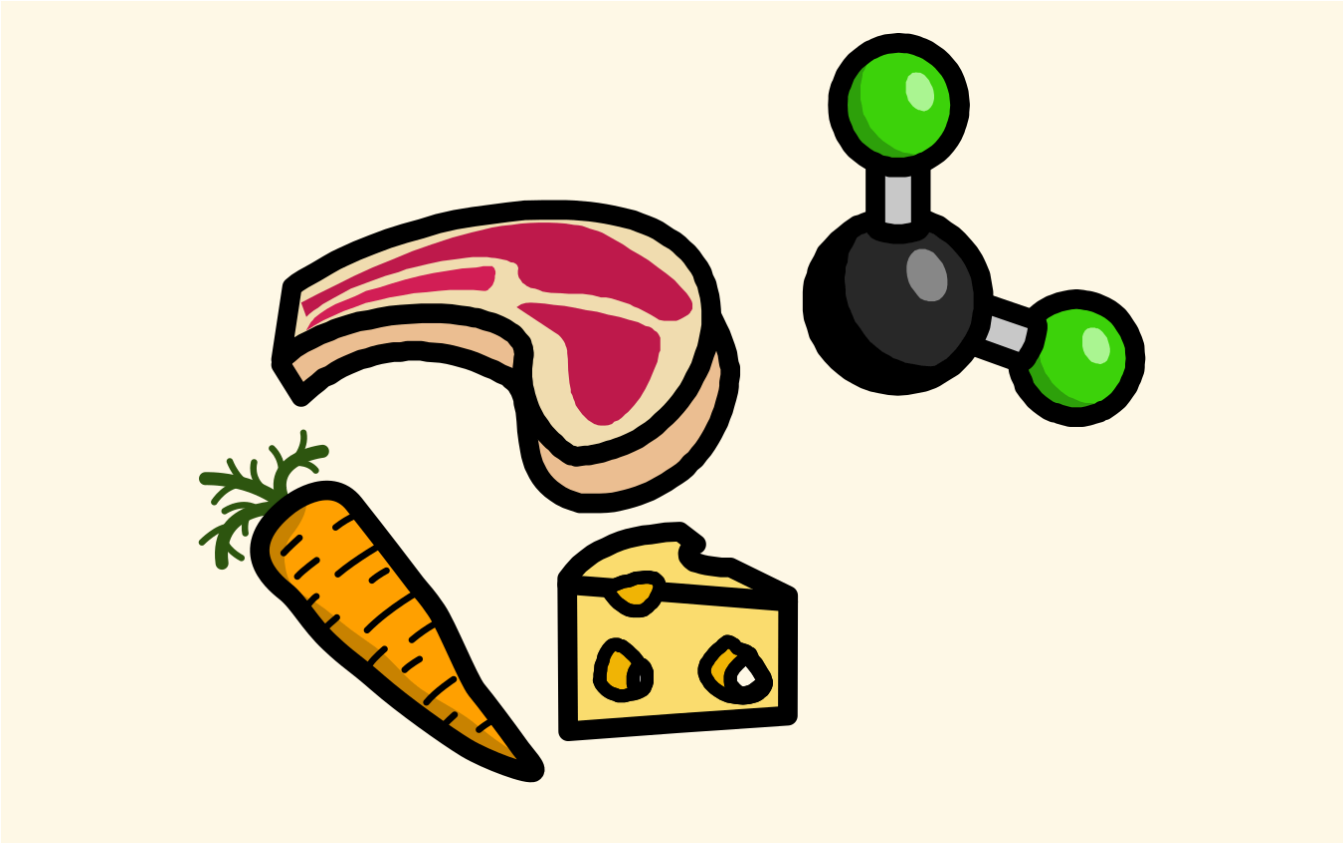
eat

and



drink

too.



Bodies get good things from food and drink.



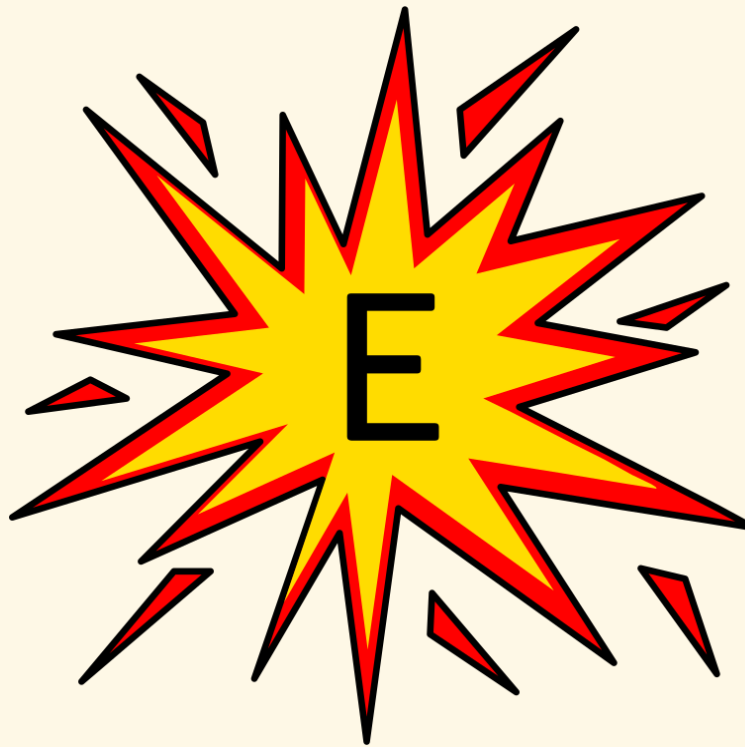
These good things are called nutrients.



People get energy from eating and drinking.



This is good.



Food and drink



that is not



used for energy



in our bodies



turns into



wee

and



poop.



Our bodies



need to get

the



wee

and



poop

out



to keep us healthy.



It is good

to



go to the toilet

to



wee

or



poop.



I could



show

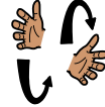


my toilet



symbol

or



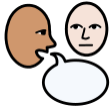
sign



'toilet.'



I could



say



"Toilet



please."



I could



go



alone

or with



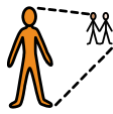
an adult.



I can



go to the toilet



on my own



or with



an adult.



It might



smell bad.



People



might



not like



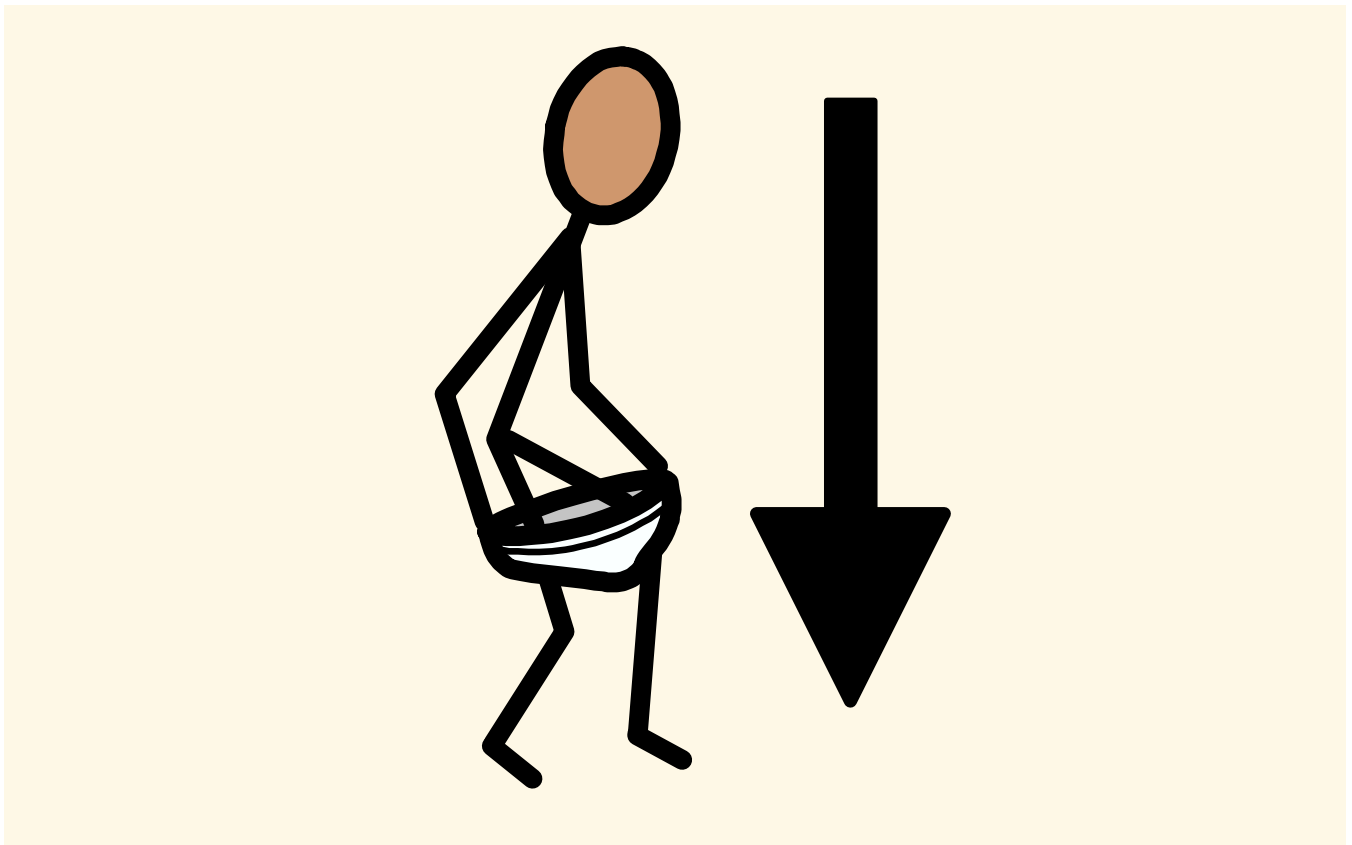
the



smell.



This is okay.



I can



go



in the bathroom.



I can



pull down my pants.



I can



sit on or stand at the toilet.



I can try

to

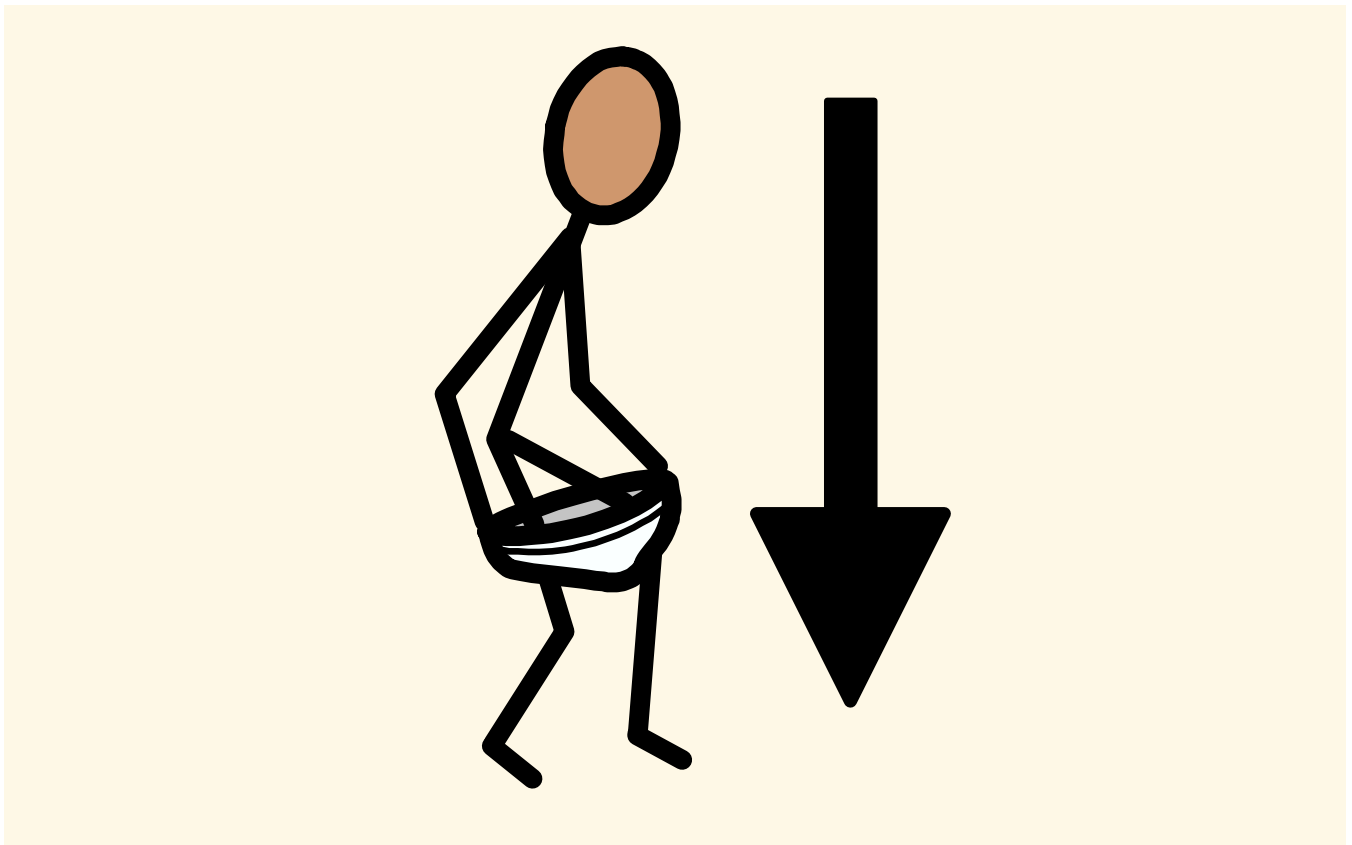


wee

or



poop.



I can



go



in the bathroom.



I can



pull down my pants.



I can



stand at the toilet.

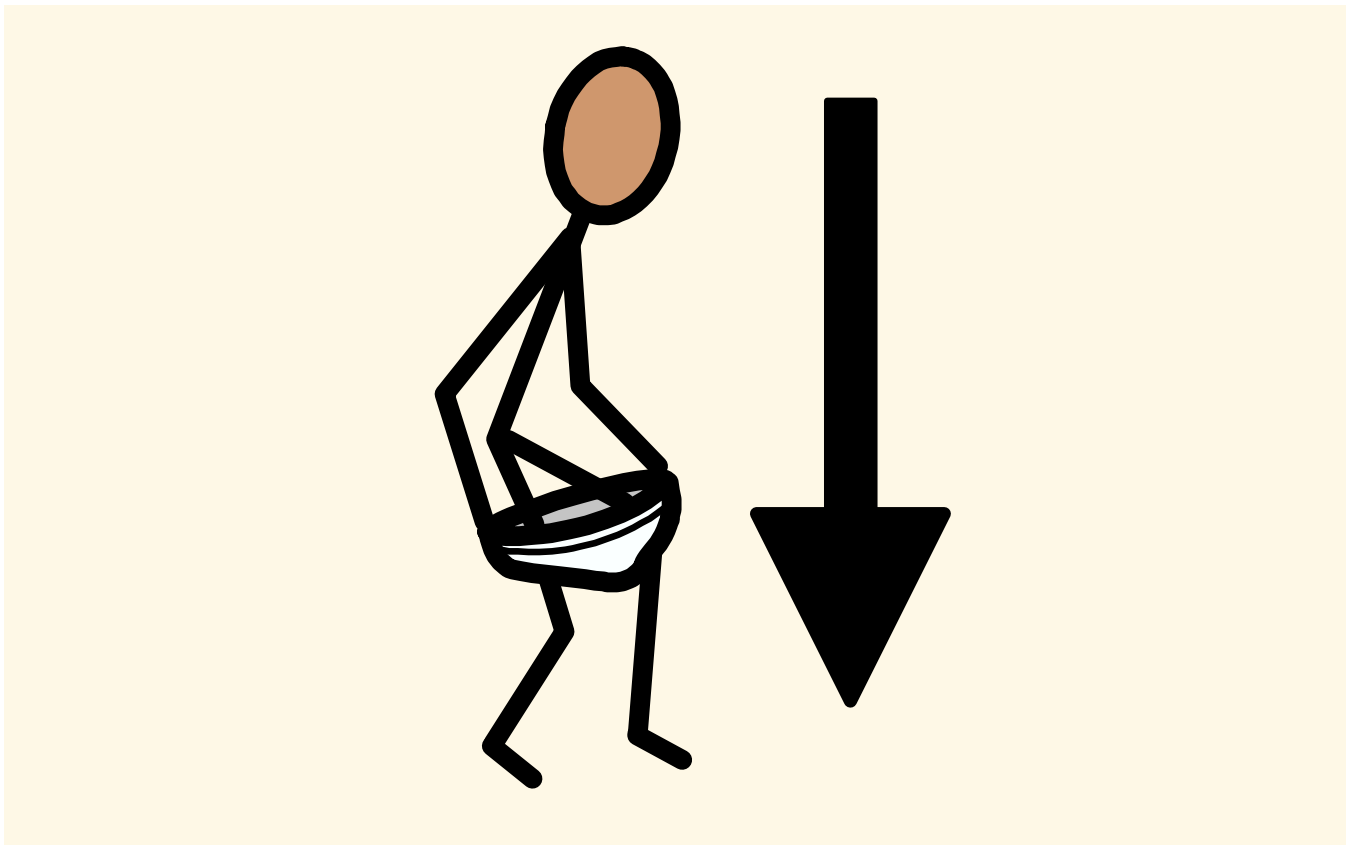


I can try

to



wee.



I can



go



in the bathroom.



I can



pull down my pants.



I can



sit on the toilet.



I can try

to

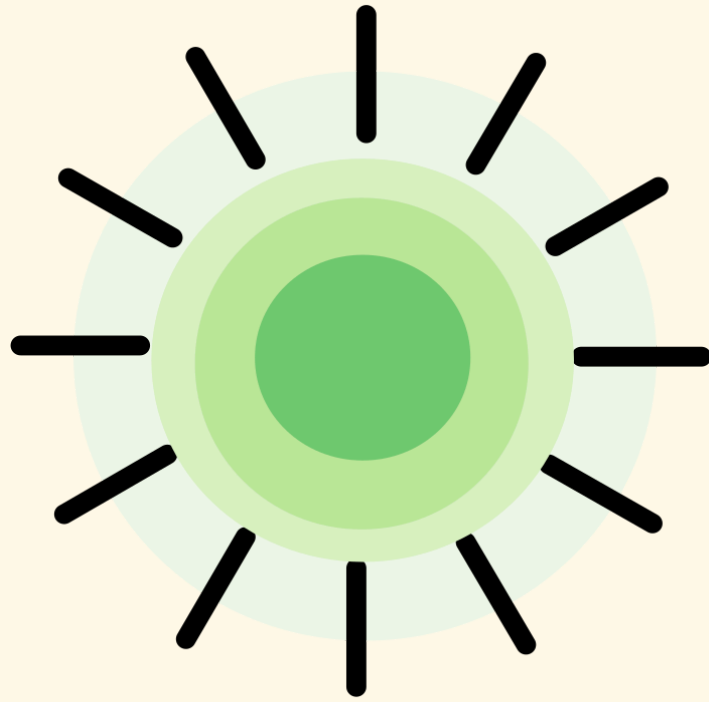


wee

or



poop.



I might



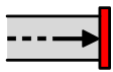
wee.



I might



poop.



When I have finished



I can try



to wipe.



This is important

and



will



keep me clean.



My adult



might help me



to wipe.



I can ask



them

to



help me



wipe.



I will



finish



wiping.



I will



pull up my pants.



People



should



wash their hands



after



wiping.



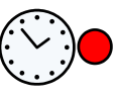
People



should



dry their hands



after



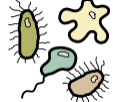
washing them.



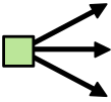
Clean hands



stop



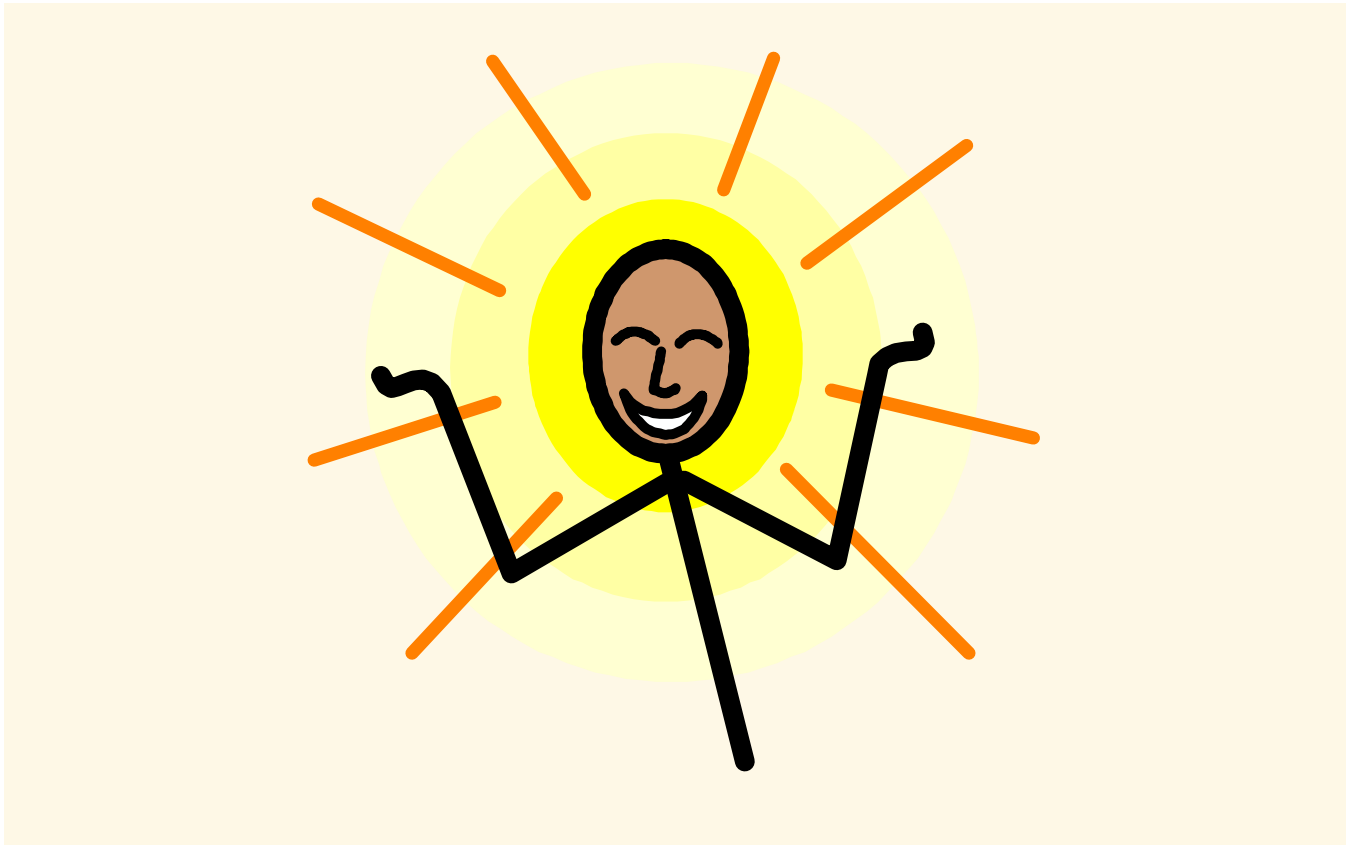
germs



spreading.



This is good.



I can



go to the toilet.



I can



wash my hands



after



using the toilet.



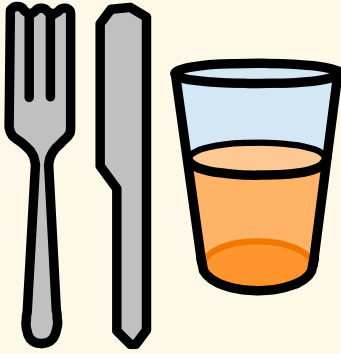
Well done



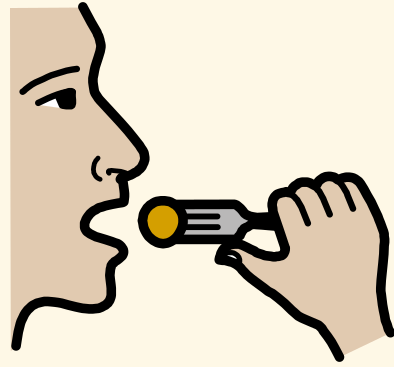
me!



Brilliant.



food and drink



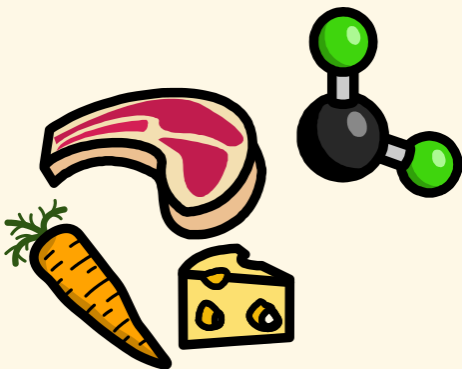
eat



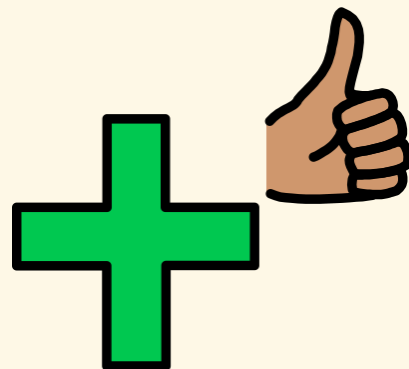
drink



breakfast



nutrients



healthy



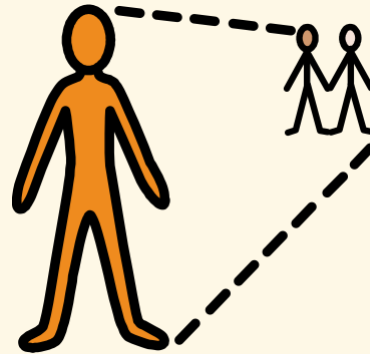
wee



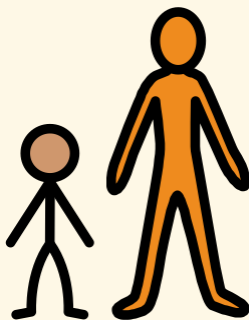
poop



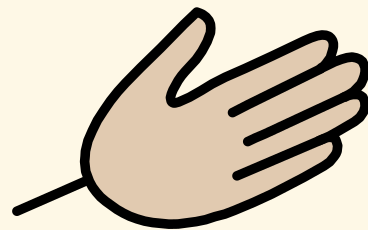
bathroom



alone



adult



help



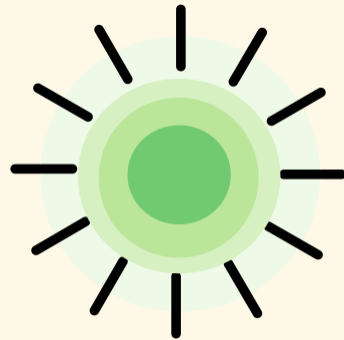
wipe



wash hands



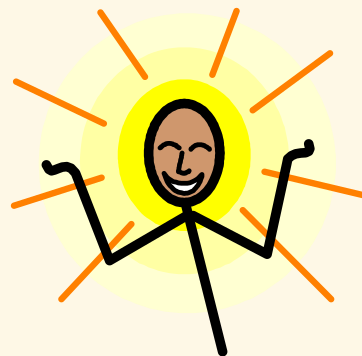
dry hands



clean



well done



brilliant